



SWIFT INCLUSIVE SPORT SWIMMING GALA 2024

**Saturday 21st October
3.15pm-7.30pm**

On behalf of *Swift Inclusive Sport Swimming Club* I would like to invite you to participate in our Gala on Saturday 26th October at Easton Leisure Centre, Thrissell Street, Bristol BS5 0SW.

We are delighted to be delivering this event in partnership with City of Bristol Aquatics, with support and sponsorship from Rotary in Bristol and Access Sport.

Please find attached for completion and return an entry form, for use both by clubs and individuals. The flyer lists the programme of races open to both juniors (8-17) and adults (18+).

If a competitor requires the use of the **HOIST** to get in and out of the water, or any other additional support such as a **whistle start**, or a **"helper to swim alongside a competitor in the water"**, or a **form of flotation aid**, or the need to use an **outside lane**, please indicate it in the **"ADDITIONAL SUPPORT COLUMN"** on the entry form.

Registration will take place in the leisure centre foyer from 3.15pm to 3.45pm. Access to the Poolside and changing rooms will be from 3.45pm.

The **Warm Up** will take place 4.00pm to 4.20pm. The **First Race** will be at 4.30pm.

We require all teams and/or individual competitors to come accompanied by their own helpers - to assist with anyone who needs help when changing, and also helpers who can assist swimmers in and out of the Pool.

We look forward to receiving your entry form(s) **no later than 5pm Friday 4th October** and to meeting you all on the day of the gala.

Yours sincerely,

Karen Lloyd - Chair, Swift Inclusive Sport

