

Job Description for the Regional Skills Coach

Role and Expectation Outline

TITLE:	Regional Skills Coach for SW Distance Development Programme
REPORTS TO:	Regional Head Coach for SW Distance Development Programme
RENUMERATION:	£75 per full camp day £10 per online session
DURATION:	1 x pool camp at Millfield School – 17.11.2024 1 x online session via Zoom – 08.03.2025 1 x Open Water camp at Lake 86 Cotswold Water Park – 31.05.2025

PURPOSE

The overall purpose of the Regional Skills Coach is to:

- Provide professional coaching related services within the context of the delivery of the Regional Programme Framework under the guidance of the Head Coach
- Assist with the delivery and evaluation of the Regional Distance Development Programme (3 camp sessions as detailed above)
- Communicate effectively with athletes, staff and parents
- Deliver all duties in accordance with the programme objectives and briefings
- Motivate and enthuse swimmers and staff during the programme
- Reflect on your own coaching practice and behaviour after each camp activity
- Exhibit British Swimming and England Programmes Coaching Principles during coaching practice; Setting Direction, Staying Connected, Engaging People, Delivering Results and Credibility

KEY RESPONSIBILITIES Prior to programme delivery

Prior to programme delivery

- Liaise with the Regional Head Coach to ensure you have an understanding of the aims and objectives of the Regional Programme
- Ensure you have a clear understanding of your role during each camp day
- Communicate with the Head Coach and other Skills Coaches prior to each camp to check for understanding of the objectives of each session planned
- Liaise with the swimmers home coaches on the aims and objectives of the camp, to ensure they understand the expectations

During programme delivery

- Assist in the delivery of pool sessions in line with programme objectives and plans with the guidance of the Head Coach
- Make a positive contribution as required to education and land based activities.

- Contribute to coach discussion and facilitated learning within the context of the day to ensure an opportunity for learning and development of all staff takes place
- Communicate effectively with all swimmers and staff
- Contribute to pre and post pool session discussion with the Head Coach and other Skills Coaches on each camp

Following programme Delivery

- Reflect on camp delivery and contribute if requested to Coach/Swimmer reports post each camp
- Contribute to any post camp debrief discussion as lead by the Head Coach
- Liaise with swimmers home coaches on any developmental concerns under the guidance of the Head Coach
- Feedback to swimmers home coaches on any key skill messages that have been delivered and that need reinforcing back in the home coaching programmes

PERSON SPECIFICATION

- Must hold as a minimum Swim England Open Water Coach qualification or equivalent
- Must hold a valid DBS Certificate
- Must have in date Safeguarding Training
- Knowledge of the effective development of young athletes
- Committed to ongoing learning
- The ability to set priorities and work flexibly to meet outcomes required in a dynamic environment
- Good planning, interpersonal and communication skills (with swimmers, staff and home coaches)
- High levels of motivation and dedication
- Have an outgoing personality with good interpersonal skills and be able to enthuse and motivate young people
- Experience of organising coached sessions for age group swimmers
- A team player with the ability to:
 - Ability to evaluate sessions and provide feedback to athletes and participants and staff
 - Tact and diplomacy in all interpersonal relationships
 - Self-disciplined with a commitment to continuous service improvement
 - Ability to think for yourself and use own initiative.
- Be available for all of the programme session dates.